

## Glenmore Park Football Club Policy Training in Goalmouth

This policy is in place to enforce no training between the 6 yard and goal lines of Fields 1, 2 & 3 of Mulgoa Rise for the purpose of maintaining the condition of the goalmouth area.

Training should be conducted only between the six yard box and the half way line

This policy applies to all teams at all times during both scheduled and non scheduled training sessions.

The Goal Mouth Policy will run for the GPFC Winter Hire period as advised by the GPFC Committee and is subject to review by the committee.

It is the decision of the GPFC Committee to impose the following penalties on teams seen to be training in the goalmouth

## 1<sup>st</sup> Offence – Written Warning

 $2^{nd}$  Offence – 2 week training ban (Failure to comply with the ban will result in a further Offence being recorded against the team

## 3<sup>rd</sup> Offence – Team banned from training until the end of season.

This policy also covers player warm ups/kick a rounds prior to the commencement of training

For the purpose of this document training between the 6 yard and goal line is out of bounds.



**GPFC Football Committee**