



# Division 1 Trials

## The GPFC Coaching Committee, High Performance Culture

The GPFC Coaching Committee was established in 2017 and has set itself targets of developing a culture to nurture all levels of players and coaches within the club. This means we have a set Division 1 team in each age group, from U11 up, as the aspirational level of players and coaches seeking to strive for high performance. Additionally, we hope to create a club culture of learning and mutual respect for all GPFC, this in turn creates a strong culture which spreads throughout all divisions.

If you are a player seeking to develop yourself to your best potential and if you want to grow in a team that recognises diversity of skills and to be part of a high-performance culture, then we encourage you to trial for a GPFC Division 1 team.

## National Playing Style and Coaching Philosophy

In line with the FFA National Curriculum, we at GPFC are looking to build the game in line with a national playing style being:

- A proactive brand of football, based on effective possession with the cutting edge provided by creative individuals.
- Defensively the key components are quick transition and intelligent collective pressing.
- The playing style is underpinned by a strong 'team mentality', capitalising on Australia's traditional strengths.

The FFA, Football NSW and PlayFootball coaching philosophy includes 4 main components **Technical, Tactical, Physical and Mental**. We are heading towards game specific experiences which allow skills to be developed in an environment of rapid change, this in turn creates experience where skills and decisions are being mixed constantly. So, we are moving towards **Perception-Decision-Execution** decisions skills in our young players.

## Trial Nominations

The trial dates are currently under development and will be posted on the GPFC website and advertised on our Facebook page when they are available. To participate in the GPFC Division 1 trials you will need to complete an online '**Expression of Interest**' (EOI) form prior to the trial date, these forms will be available on the website. This allows GPFC to understand numbers of players trialling as well as manage the administration of players on the day. If you do not complete an EOI form prior, you may be turned away from the trial. Players need to trial for the correct age group, i.e. if turning 12, then nominate and trial for U12.

The trials will be held over a minimum of 2 nights and any player with difficulty in attending should complete the EOI form and additionally notify the club of any issues with attendance.



## GPFC Division 1 Player Commitments (incl Parents for players under 18)

To trial for a Division 1 team,

1. You recognise that you are making yourself available to be selected within a division 1 team and are willing to relinquish your position within your previous team to form a GPFC division one team.
2. You should make yourself fully aware of the player commitments (listed below) beforehand and be prepared to sign up to these if successful on Division 1 selection.

If selected for a GPFC Division 1 team you will be held to these commitments for the entire season. These commitments are designed to promote a high-performance learning team culture, recognising a diversity of skills across team members and upholding mutual respect for players and coaching staff.

1. You will be expected to present for each training and game session ready to start at the time organised by your coach. Game and training times may change throughout the year depending on the draw, team requirements and resource availability requiring players to check status.
2. If you cannot attend a full training session, for any reason, you will be required to notify the coach or manager in advance. This may affect your allotted game time at the discretion of the coaching staff. Equal game time policy does not apply to Division 1 team selection.
3. If you cannot attend a game, for any reason, you will be required to notify the coach or manager in advance. This may affect your allotted game time at the discretion of the coaching staff. Equal game time policy does not apply to Division 1 team selection.
4. 100% player commitment is expected during training and game times. Division 1 team culture is built on mutual respect between players and coaching staff. Player behaviour will be monitored by coaching staff.
5. Players are representing the club at training, games and other GPFC events. GPFC expect Division 1 players to set the player standards for other Divisions within the club. Division 1 players should be an aspiration for other players.
6. The selection of Division 1 players is at the sole discretion of the GPFC coaching committee and coaching staff both at trial sessions and throughout the year.
7. Players will be required to comply with the GPFC 'code of conduct' (current copy on GPFC website)

These commitments have been developed to assist GPFC build club pride in Division 1 selection and associated Division 1 representation. GPFC are committed to setting high standards for the Division 1 teams for both players and coaching staff. Together players and coaching staff can achieve great results when building on great team culture.

GPFC acknowledge that our Division 1 teams should represent a step towards representative football. Skills attainment should target both on and off the field performance. GPFC aim to create opportunities for Division 1 players to test themselves beyond the Division 1 competition including State Cup, Nepean Cup and trials with clubs inside and outside the Sydney Metro area.

If you have any queries on these commitments, please seek clarification from GPFC coaching committee prior to Division 1 trials.

**Yours in Football**

**The GPFC Coaching Committee**